

## Contact Information

To participate in **Moving Forward** or find out more about this community group program contact:

### Fredericton

Liberty Lane Inc.  
451-2120

### Woodstock

Valley Outreach  
328-9680

### Saint John

Moving Forward  
632-5775

### Miramichi

Miramichi Family Violence  
Partnership Committee  
778-6496

### Bathurst

WFV Strategy Inc.  
543-2417

### Moncton

Family Services Moncton Inc.  
857-3258 ext. 41

### Edmundston

Comité de la Violence  
Familiale du Nord-Ouest Inc.  
263-1119  
740-1121

### Acadian Peninsula

Services à la Famille  
de la Péninsule  
727-1866

### Campbellton

Restigouche Family  
Services Inc.  
753-4161 (ext. 261)

### Charlotte County

466-4842

If you have trouble contacting a group in your area, please call the Women's Issues Branch at **506-453-8126**.



## Moving Forward Background Information

**Moving Forward** is a New Brunswick Community Group Program. It is based on the Community Group Program developed by Michelle Paddon and Susan Loosely through the Children's Aid Society of London and Middlesex, Ontario. The pamphlet on the New Brunswick program was developed in collaboration with the Public Legal Education and Information Service of New Brunswick, a non-profit organization that offers free information about the law ([www.legal-info-legale.nb.ca](http://www.legal-info-legale.nb.ca)).



**Moving Forward** is funded by the Executive Council Office, Women's Issues Branch. It is part of the New Brunswick Violence Prevention Initiatives and is supported by the Provincial Partnerships in Action Committee and the regional family violence prevention networks.

### For more information on this program contact:

Executive Council Office, Women's Issues Branch  
P.O. Box 6000, Fredericton, NB E3B 5H1  
Tel: 1-506-453-8126  
Email: [vpinfo@gnb.ca](mailto:vpinfo@gnb.ca)  
Website: [www.gnb.ca/0012/violence/index-e.asp](http://www.gnb.ca/0012/violence/index-e.asp)



# Moving Forward

A Community-Based Group Program for  
Children (4 – 16 years) and Their Mothers  
to Promote Healing from  
the Effects of Woman Abuse



## About Moving Forward

**Moving Forward** is a community-based group program that helps children and youth ages 4 to 16 years and their mothers to heal from the hurt of living with woman abuse in their family. It is a free, voluntary program that offers separate, yet complimentary, group experiences for children and their mothers.

Children and their mothers learn skills for making positive choices to end violence in their lives, creating safety plans, and making social connections. The child-centred focus of the program helps women “think through their children’s eyes” so they can better support their children’s healing process.



## About the Groups

**Children’s Groups** help children to share their feelings, understand the hurt in their family, develop positive problem solving skills and create plans for staying safe. Groups for children and youth:

- Run for 12 weekly sessions
- Children assigned to age-appropriate groups
- Offered throughout the school year
- Provide a nutritious snack at each meeting
- May meet during the day or after school

**Mothers’ Groups** help women to get information, understand how the abuse may have affected their children and play a role in their children’s healing. Groups for mothers:

- Run for 12 weekly sessions
- Offered during the same week your children participate in their group
- May be offered in the day or evening to accommodate work schedules

## Who May Participate and Why

Women and children who have survived an abusive relationship may participate in the **Moving Forward** program. Although everyone heals at their own pace, having the chance to reflect with others about the experience of abuse can be very reassuring. And mothers will learn the most effective ways of supporting their children as they move forward in their healing process.



## Organization of the Groups

This highly acclaimed program is being delivered by community-based organizations across New Brunswick (See *Contact Information*). Each **Moving Forward** program has trained facilitators who help to create safe and secure environments for both the children and their mothers.

The scheduled group meetings for children and mothers are held in safe and supportive places.

## How to Participate

If you and your child want to participate, contact the **Moving Forward** program nearest you. You do not need to be referred by someone else. When you contact them, an experienced coordinator will discuss the program with you to see if it meets your child’s needs. If the program is appropriate for your child, the coordinator will contact you when there is space available in a group suited to your child’s age. At that time, you will get information about when and where your Mothers’ Group will take place.

## If You Need Help

If you and/or your child need help with transportation and/or childcare to attend groups, assistance may be available.

